

# Leadership Council for a Healthy Monadnock

## Annual Report July 1, 2019 - June 30, 2020

### What is the LCHM?

The Leadership Council for a Health Monadnock (LCHM) serves as the Advisory Council for the both the Healthy Monadnock Alliance and the local public health network, called the Greater Monadnock Public Health Network (GMPHN), which is one of 13 networks within the State of New Hampshire.

The Leadership Council consists of community members representing multiple sectors within the 33 municipalities of the Public Health Network. The aim is to engage the community in the development and implementation of a comprehensive approach to improving population health outcomes.

The GMPHN is housed by Cheshire Medical Center in collaboration with Cheshire County and is financed under an agreement with the State of New Hampshire, Department of Health and Human Services.



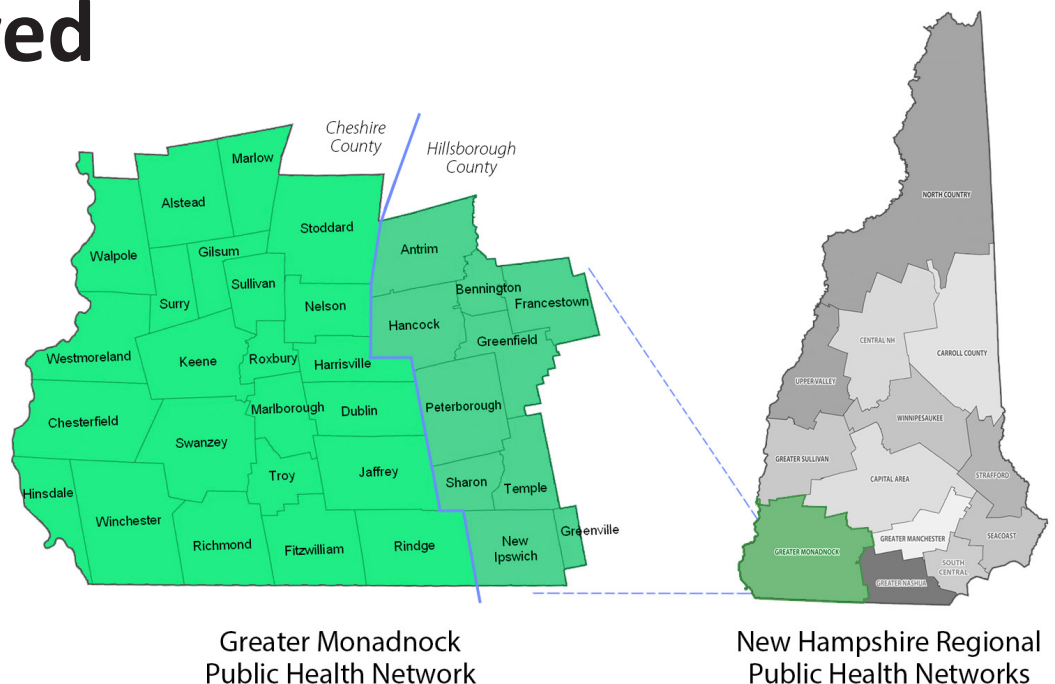
Population	Area	Persons in Poverty	Over the age 65	Mean Work Travel
101,000	981.3 sq mi	10.2%	20.7%	23.4 mins

### Region Served

The GMPHN's service area includes the City of Keene and all of the towns within Cheshire County: Alstead, Chesterfield, Dublin, Fitzwilliam, Gilsom, Harrisville, Hinsdale, Jaffrey, Marlborough, Marlow, Nelson, Richmond, Rindge, Roxbury, Stoddard, Sullivan, Surry, Swanzey, Troy, Walpole, Westmoreland, and Winchester.

The GMPHN also serves the 10 western-most towns in Hillsborough County: Antrim, Bennington, Frankestown, Greenfield, Greenville, Hancock, New Ipswich, Peterborough, Sharon, and Temple.

The GMPHN serves just over 100,000 people living in these communities.

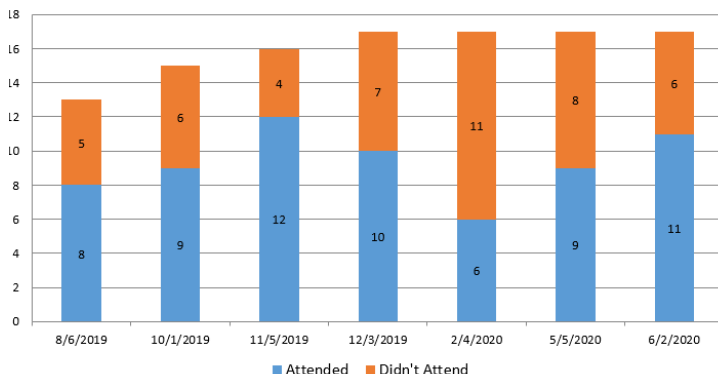


# The Leadership Council Executive Committee

## Topics Presented to the Executive Committee

Topic	Presenter
Healthy Monadnock Discussion and Relaunch Planning	Liz LaRose, President, Monadnock United Way
Future of Prevention initiative updates	Sara Pelkey Jane Skantze, Substance Misuse Prevention Coordinator, Center for Population Health
Healthy Monadnock Discussion and Relaunch Planning	Liz LaRose, President, Monadnock United Way
2019 Community Health Needs Assessment	Shawn LaFrance (CMC) Terry Johnson, Lead Planner at Southwest Region Planning Commission
Age-Focused Planning Initiative 2018-20 Update	Lisa Murphy, Southwest Region Planning Commission
Rural Communities Opioid Response Plan	Phil Wyzik, Monadnock Family Services
Overview of the CHIP Workgroups' recent activities	Tricia Zahn, Director of Community Strategic Partnerships, Center for Population Health
2 Healthy Monadnock Relaunch Updates	Tammy Dwyer, Director of Community Engagement, Center for Population Health
COVID-19 Emergency from Emergency Preparedness	Olivia Watson, Public Health Emergency Preparedness Coordinator, Center for Population Health
Overview of the Federal CARES and Opportunities for Funding	Tim Murphy, Executive Director, SWRPC
2 CHIP Process Updates	Tricia Zahn, Director of Community Strategic Partnerships, Center for Population Health Terry Johnson, Lead Planner at Southwest Region Planning Commission
Healthy Monadnock Branding Presentation	Tammy Dwyer, Director of Community Engagement, Center for Population Health Jeff Whitcomb, Cole Odell, and Chloe Jones, Communicators Group

LCHM Executive Committee Meeting Attendance



## Membership

### Officers

**Ellen Avery, Chair** - Executive Director, Community Volunteer Transportation Company (CVTC)

**Phil Wyzik, Vice-Chair** - CEO, Monadnock Family Services (MFS)

**Tim Murphy, Past Chair** - Executive Director, Southwest Region Planning Commission (SWRPC)

### Members

**Susan Ashworth** - Director of Community Relations, Home Healthcare, Hospice & Community Services (HCS)

**Cathy Gray** - President and CEO, Cedarcrest Center

**Ed Walker** - Fire Chief, Peterborough Fire & Rescue

**Liz Chipman** - Executive Director, Keene Housing Kids Collaborative

**Shawn LaFrance** - VP, Center for Population Health of the Cheshire Medical Center (CMC)

**Beth Daniels** - Chief Operating Officer, Southwestern Community Services

**LeeAnn Moore** - Philanthropy and Community Relations, Monadnock Community Hospital (MCH)

**Liz LaRose** - President, Monadnock United Way (MUW)

**Chris Coates** - County Administrator, Cheshire County

**Phil Suter** - Chamber President, Greater Keene Chamber of Commerce

### Members added in 2019

**Marylouise Alther** - Legislative Liaison, Monadnock Developmental Services (MDS)

**Dan Smith** - CEO, Keene YMCA

**Terry Johnson** - Director, Healthy Eating Active Living NH (HEAL)

**Roy Baldwin** - Executive Director, Monadnock Christian Conference Center

## Excutive Comittee Meetings



# The Leadership Council Full Membership

## Sectors of the LCHM

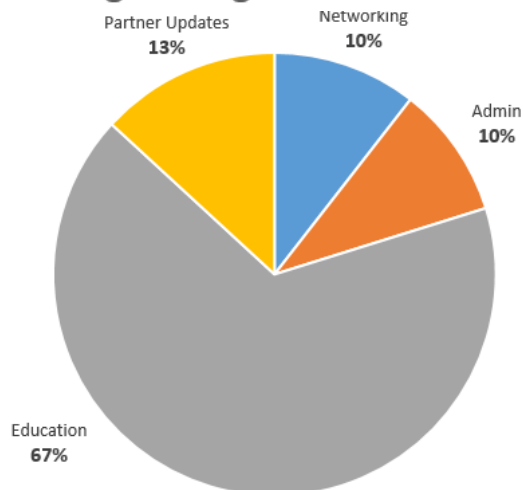
### Sectors Present

Business  
Community Leadership  
Community Members  
Education & Childcare  
Faith-based Organizations  
Government  
Healthcare  
Housing and development  
Media  
Human services  
Community/volunteer groups

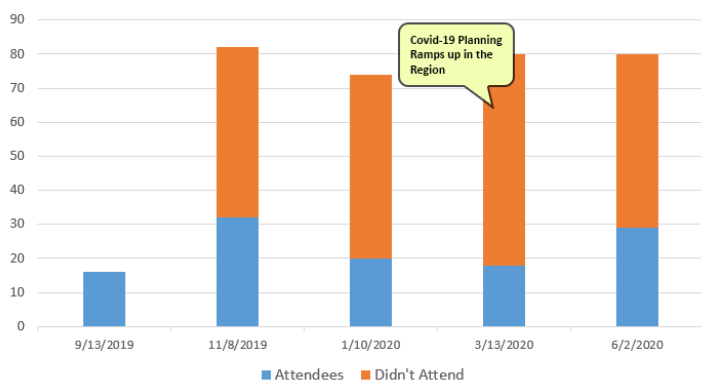
### Sectors Absent

Agriculture  
Arts and culture  
Youth  
Law enforcement

## Meeting Average Time Allotment



## LCHM Meeting Attendance



## Topics Presented to the LCHM

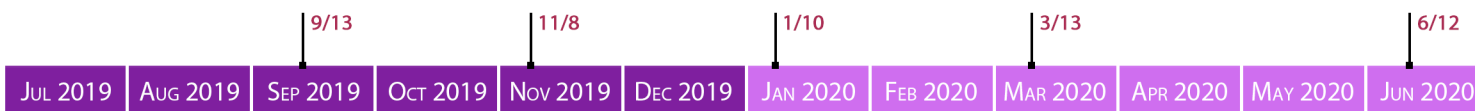
Topic	Presenter
Community Health Outlooks to Support Local Public Health Action and a Deeper Dive into Regional Lead Exposure Data.	Kathleen Bush, Program Manager Jennifer Howley, Environmental Health Data Analyst at NH DHHS; Beverly Drouin, Section Administrator, Healthy Homes & Environment Section, NH DPHS; Terry Johnson, Lead Planner at Southwest Region Planning Commission
NH Healthy Aging Alliance	Jo Moncher, State Facilitator, State Plan on Aging Planning Committee, NH DHHS
NH State Plan on Aging	Jennifer Rabalais, Co-Director, Center on Aging & Community Living, UNH
Substance Use Disorder (SUD) Prevention in the Monadnock Region	Jane Skantze, Substance Misuse Prevention Coordinator, Center for Population Health
Recovery Friendly Workplaces Program Update from Reality Check	Mary Drew, CEO, Reality Check
Review and discussion of DRAFT update to Community Health Improvement Plan (CHIP)	Tricia Zahn, Director of Community Partnerships, Center for Population Health, Cheshire Medical Center Terry Johnson, Lead Planner at Southwest Region Planning Commission
Covid19 Pandemic Updates from Cheshire Medical Center & Monadnock Community Hospital	Mary Pierce, RN, Infection Prevention, Cheshire Medical Center Denise Plano, MSN, and Claudia Cleary RN, Infection Prevention, Monadnock Community Hospital
Age-Friendly Communities Project Report	Lisa Murphy and Terry Johnson from the Southwest Region Planning Commission

Convened  
**5 times**

Meeting Length  
**120 mins**

Number of  
Council Members

**80**



LCHM Meetings

# Membership Highlights

Reality Check hosted a “recovery friendly employers” conference (10/2/2019)

Home Healthcare, Hospice, & Community Services hosted Deborah Grassman for several sessions. She spoke on: How to care for veterans, Aging & chronic illness, and lead a Workshop on the Wounded Warriors program & soul injury. (11/13/2019)

A Youth Mental First Aid class was held (1/18/2020)

Rural Community Opioid Response Planning Project conducted a region needs assessment (2/18/2020)

Community Volunteer Transportation Company created a Health Access workgroup (8/6/2019)

The Doorway in Keene held a workshop for a training for clergy who are doing work with families who had a loved one overdose (10/1/2019)

An informational resource guide for NH Grand Families was created called the “Kinship Navigator” (11/5/2019)

The Handyman program set aside \$50,000 to help individuals in their homes that have had a health crisis (11/4/2019)

The “Kinship Navigator Program” became active in Peterborough (2/4/2020)

The Greater Keene Intermodal Transportation Center hosted a Feasibility Study Open House. They researched the feasibility of a transportation center in the Greater Keene area (2/4/2020)

The Southwest Region Planning Commission dedicated its 2020 Winter Meeting to the topic of “Addressing Opioid Addiction” with the Monadnock Region Rural Communities Opioid Response Planning Project (2/18/2020)

Keene Housing was awarded 2017 mainstream vouchers. (9/13/2019)

Monadnock United Way “Community Impact Campaign” kicked off (9/4/2019)

The Regional Coordinating Council for Community Transportation has started looking into issues surrounding Youth Transportation. They applied successfully for technical support from the National Center for Mobility Management (NCMM). (1/21/20)

Marylouise Alther received a grant to start (and advertise for) a support group for Grand-families and kin. (2/4/2020)

Monadnock Family Services brought in MoCo to perform a reading of the play “The Elephant in the Room” on (5/22/2020).

During the COVID pandemic, Home Healthcare, Hospice, & Community Services offered curbside services for taking blood pressure and vitals (5/5/2020)

The Southwest Region Planning Commission dedicated its fall meeting to the 2020 US Census. (10/8/2019)

Home Healthcare, Hospice, & Community Services hosted monthly meetings for family caregivers dealing with dementia. (9/13/2019)

River Center hosted Angela Hanscom, Pediatric Occupational Therapist who wrote the book “Balanced and Barefoot” (10/15/2019)

The Southwest Region Planning Commission sponsored a session where Chancellor Ross Gittel, from the Community College System of New Hampshire, gave a talk about “65 by 25” (11/13/2019)

The Region Coordinator Council for Transportation dedicated their 1/21 session to “Youth Transportation”(1/21/2020)

The River Center hosted an income tax assistance preparation program for the 2019 tax season (3/20/2020)

All community members are invited to participate in council meetings  
*To get involved, please e-mail: [healthymonadnockalliance@Cheshire-med.com](mailto:healthymonadnockalliance@Cheshire-med.com)*